

# Throw Like a Champion



Private Lessons From

Judo Master

Tom Crone

*Gi or no Gi, Any Level*

Hourly Cost

\$125 first person\*

or \$150 = 2 two trainees.

\$25 each for next two

(Maximum paid trainees 4 per session)

**SHARE THE COST**

\*Crone Sensei will not take falls for your throws. One falling partner may participate at no charge, but may not do any throwing activity.

To make arrangements, contact Tom Crone

Call 952-210-5600

tom@tomcrone.com

The most functional session time is between 4:00 PM and 5:30 PM on Fridays at Little Canada WC, although other times and locations can be arranged for both Little Canada and St. Louis Park. Falling participants must have safe falling skills.